

TRIO Upward Bound Application

Welcome to TRIO Upward Bound at The University of New Mexico – Gallup!

Thank you for your interest in the **TRIO Upward Bound Program** at the University of New Mexico—Gallup Campus! Since 1965, TRIO Upward Bound has played a powerful role in helping students improve their academic performance, graduate from high school, and successfully pursue higher education and professional goals.

TRIO Upward Bound is a **year-round program** that offers comprehensive academic support through:

- Academic coaching & tutoring
- Career & college exploration
- Cultural enrichment activities
- A **six-week summer academic program**

Once admitted, **all services and activities are provided at no cost to the student.**

Eligibility Requirements

To be considered for TRIO Upward Bound, students must meet the following basic eligibility criteria:

1. **U.S. Citizen or Permanent Resident**
2. **First-Generation College Student** – Neither parent/guardian has earned a bachelor's degree
3. **High Financial Need** – Based on federal income guidelines and family income verification
4. **Completed 8th Grade** – Must be a rising 9th–12th grade student

Attend one of our target High Schools:

- Gallup High School
- Tohatchi High School
- Miyamura High School

Our services are designed to support students in achieving both their academic and personal goals. With TRIO Upward Bound, **college is not only possible—it's attainable.**

Visit Us:

UNM Gallup Campus—Gurley Hall
TRIO Upward Bound Office, Room GH1101

Contact Us:

Email: upwardboundgallup@unm.edu

Phone: (505) 726—6335

COMPLETED APPLICATION CHECKLIST

- ☐ Completed & Signed Application - all sections
- ☐ Income Verification & Copy of Tax Return
- ☐ Records of Release Authorization Form
- ☐ Student Essay
- ☐ Transcripts (high school & dual credit)
- ☐ If Applicable: Individualized Education Program
- ☐ If Applicable: Copy of Alien Registration Card

APPLICATION SUBMISSION PROCESS

1. Program receives application
2. Application Review (5-7 business days)
3. Applicant will be notified via email to schedule in admissions interview
4. Applicant interview with Upward Bound
5. Admission decision letter & email sent
6. Application & Parent attend mandatory orientation

TRIO UPWARD BOUND SERVICES

Academic Support & Enrichment

- Academic Coaching
- Academic Support & Mentoring
- Afterschool Tutoring
- Academic Themed Workshops
- Leadership Development
- Family Engagement

College & Career Preparation

- Career & College Exploration
- ACT/SAT Preparation
- College Application Assistance
- FAFSA Support & Guidance
- College Transition Guidance
- College Preparation
- Financial Literacy Workshops
- Academic Year Scholarship
- Cultural Enrichment Trips
- Internship Opportunities

COMPLETED APPLICATION MUST BE SUBMITTED ONE OF THE FOLLOWING WAYS:

Scan & Email to upwardboundgallup@unm.edu • Drop off at the Upward Bound Office in Gurley Hall GH1101





Student Information Form



SECTION I: STUDENT DEMOGRAPHIC INFORMATION - to be filled out by student

Name: _____ Today's Date: ____/____/____
LAST FIRST MIDDLE INITIAL

Preferred Name: _____ Age: _____ T-Shirt Size: ☐ XS ☐ S ☐ M ☐ L ☐ XL ☐ 2XL ☐ 3XL

Address: _____
MAILING ADDRESS CITY STATE ZIP CODE

Home Phone #: (____) - ____ - ____ Mobile Phone #: (____) - ____ - ____ Email: _____

Preferred Method of Contact (check all that apply): ☐ home phone ☐ mobile phone - circle one: call or text ☐ email

Preferred Social Media (check all that apply): ☐ Facebook ☐ Snapchat ☐ Instagram ☐ Other: _____

NOTE: The following questions are required for federal funding purposes by the U.S. Department of Education

Are you a U.S. Citizen? ☐ Yes ☐ No Date of Birth: month _____ date _____ year _____

Are you a Permanent Resident? ☐ Yes ☐ No Alien Registration #: _____ Place of Birth: _____

Gender Identity: ☐ Female ☐ Male ☐ I identify as: _____

Who do you currently reside with: _____

Primary Language Spoken at Home: ☐ English ☐ Spanish ☐ Navajo ☐ Other: _____ Secondary: _____

Racial & Ethnic Identity (check all that apply)

☐ Asian	☐ White	☐ Other: _____
☐ Black or African American	☐ Hispanic or Latino	
☐ Native Hawaiian or Other Pacific Islander	☐ American Indian or Alaskan Native	tribal affiliation: _____

SECTION II: STUDENT ACADEMIC INFORMATION— to be filled out by student

Current School: _____ GMCS Student ID # _____ Counselor: _____

Current Grade: ☐ 8th ☐ 9th ☐ 10th ☐ 11th Current or Estimated GPA: _____ Anticipated Graduation Date: ____/____

Are you currently enrolled in a college preparation program? ☐ Yes ☐ No

Are there any expulsions or suspensions on your school record? ☐ Yes ☐ No

Do you have an Individualized Education Plan (IEP) or 504 Plan? ☐ Yes ☐ No

Are you involved in any extra-curricular activities in or out of school? ☐ Yes ☐ No

Do you currently have a job? ☐ Yes ☐ No

What are your professional interests after high school graduation? (check all that apply)

☐ 4-year college: bachelors degree	☐ Vocational/technical school: specific job training
☐ 2-year college: associates degree	☐ Military
☐ Workforce: part-time or full-time job	☐ Other: _____

Explain **Yes** answers here:

For Office Use Only

☐ Application ☐ Income Verification ☐ Essay ☐ FERPA ☐ Teacher Recommendation ☐ Counselor Recommendation

☐ Parent Signature ☐ Student Signature ☐ Transcript ☐ Standardized Test Scores ☐ Interview ☐ FG ☐ LI ☐ Need

DATE RECEIVED: _____ DATE COMPLETED: _____ RECEIVED BY: _____



Parent/Guardian Information



SECTION III: FAMILY INFORMATION— to be filled out by parent or guardian providing more than half of support to student.

Parent/Guardian I—Required

Name: _____ Relationship: _____
LAST FIRST

Address: _____
MAILING ADDRESS CITY STATE ZIP CODE

Best Contact # : (_____) - _____ - _____ ☐ mobile ☐ home ☐ work Email: _____

Preferred Method of Contact (check all that apply): ☐ voice ☐ text ☐ email Preferred Time of Contact: ☐ AM ☐ PM ☐ Either

Highest Level of Education Completed: ☐ Elementary ☐ Jr. High School ☐ High School ☐ GED ☐ Some College ☐ Associates ☐ Bachelor's or higher

Occupation: _____

Place of Employment : _____
EMPLOYER CITY STATE

NOTE: Only the individual(s) with legal custody of student should complete this form. The information you provide is protected by the Privacy Protection Act. This information will be kept confidential and will not be viewed by anyone who is not working directly with the Upward Bound program or is specifically authorized to view the information.

I certify that all information contained in the "Family Information" section of this form is true and correct.

Parent/Guardian I Signature: _____ Date: _____

Parent/Guardian II—Secondary Parent /Guardian

Name: _____ Relationship: _____
LAST FIRST

Address: _____
MAILING ADDRESS CITY STATE ZIP CODE

Best Contact # : (_____) - _____ - _____ ☐ mobile ☐ home ☐ work Email: _____

Preferred Method of Contact (check all that apply): ☐ voice ☐ text ☐ email Preferred Time of Contact: ☐ AM ☐ PM ☐ Either

Highest Level of Education Completed: ☐ Elementary ☐ Jr. High School ☐ High School ☐ GED ☐ Some College ☐ Associates ☐ Bachelor's or higher

Occupation: _____

Place of Employment : _____
EMPLOYER CITY STATE

NOTE: Only the individual(s) with legal custody of student should complete this form. The information you provide is protected by the Privacy Protection Act. This information will be kept confidential and will not be viewed by anyone who is not working directly with the Upward Bound program or is specifically authorized to view the information.

I certify that all information contained in the "Family Information" section of this form is true and correct.

Parent/Guardian I Signature: _____ Date: _____

SECTION IV: FAMILY FINANCIAL INFORMATION— to be filled out by parent or guardian .

NOTE: This information will be used as a guide to clarify student's economic eligibility for the Upward Bound program.

Federal regulations require that verification of family income must be submitted as part of the application/admission process. Please refer to the **Federal TRIO Programs Current-Year Low-Income Levels** (effective January 16, 2026 until further notice) for high financial need eligibility.

Please contact the Upward Bound office at (505) 726-6335 for any questions or clarification.

1. What was your **taxable income** last year? _____ (found on line 27 on 1040 A form/line 43 on 1040 form)

2. How many people live in your household as of today? _____ (include any students currently in college)

Effective **January 13, 2026** until further notice.

Size of Family Unit	48 Contiguous States, D.C., and Outlying Jurisdictions	Alaska	Hawaii
1	\$23,940	\$29,925	\$27,540
2	\$32,460	\$40,575	\$37,335
3	\$40,980	\$51,225	\$47,130
4	\$49,500	\$61,875	\$56,925
5	\$58,020	\$72,525	\$66,720
6	\$66,540	\$83,175	\$76,515
7	\$75,060	\$93,825	\$86,310
8	\$83,580	\$104,475	\$96,105
Each Additional Family Member	\$8,520	\$10,650	\$9,795

The term "low-income individual" means an individual whose family's taxable income for the preceding year did not exceed 150 percent of the poverty level amount.

The figures shown under family income represent amounts equal to 150 percent of the family income levels established by the Census Bureau for determining poverty status. The 2026 poverty guidelines are in effect as of January 15, 2026. Federal Register notice was published January 13, 2026.

Please submit either of following documents :

- **1040, 1040A or 1040EZ Income Tax Return forms—Most recent year**
 - Copies of the first & second page of the 1040, 1040A or 1040EZ Income Tax Return form
 - Must be signed by parent/guardian
 - Student's name must be on form

The information you provide is protected by the Privacy Protection Act. This information will be kept confidential and will not be viewed by anyone who is not working directly with the Upward Bound program or is specifically authorized to view the information.

Parent/Guardian Signature: _____

Date: _____



Upward Bound Participant Application Release of Records Authorization Form

Authorization is hereby given to The University of New Mexico– Gallup Campus TRIO Upward Bound program to **request and receive** any or all copies of my child's middle school and high school academic records including but limited to: progress reports, report cards, transcripts, test scores and reports, teacher evaluations and recommendations, disciplinary records, attendance records, Individual Education Plans/504 Plans, and postsecondary education enrollment verification.

The copies of these records will be used for the following purposes:

- I. Determine student's academic need
- II. Determine student's program eligibility
- III. Monitor student's academic performance and progress throughout and after their participation in the program
- IV. Provide information to the U.S. Department of Education for the annual performance report.

I understand and agree that the UNM-Gallup TRIO Upward Bound program will not provide access to this information to anyone not associated with the TRIO Upward Bound program without the written consent of the participant's parents/guardians. I understand supplemental information may be requested from the TRIO Upward program once my child is a participant.

I also understand that by signing this form, I grant permission to the TRIO Upward Bound program to use my child's photo, voice and/or student work as participant representation for brochures, posters, newsletters, television, radio, website, and other publications relating to any promotional and educational purposes of the program.

I understand TRIO Upward Bound's purpose is to prepare it's participants for a successful completion of a postsecondary education. I support and give permission for my student to participate in the UNM-Gallup TRIO Upward Bound program.

I hereby certify that all information provided in my child's application packet is correct and true to the best of my knowledge. I understand any false statements or misrepresentation will disqualify my child for participating in the TRIO Upward Bound program.

Print Student Name

Student Signature

Date

Print Parent/Guardian Name

Parent/Guardian Signature

Date

NOTE: In order to best serve TRIO Upward Bound participants in the areas of educational planning and postsecondary enrollment, it is critical for the TRIO Upward Bound personnel to have access to a student's educational records. The UNM—Gallup TRIO Upward Bound program is required by the U.S. Department of Education to follow the progression of its participants throughout their high school and college careers, therefore, this release will be effective throughout this time period, regardless of whether student is actively involved in the TRIO Upward Bound program at the time of the request of records.



SECTION VI: STUDENT ESSAY PROMPT & GUIDELINES - to be completed by student.

TRIO Upward Bound is a program designed to support students who are motivated to grow personally, academically, and professionally. We are excited to learn more about you — who you are, what you need, and how you show up for yourself and your future goals. Please take your time with your essay. Our TRIO Upward Bound team carefully reads each submission, so be sure to review, edit, and follow all formatting and question guidelines before turning it in.

If any requirements are missing or the format is incorrect, our staff may ask you to revise and resubmit.

ESSAY FORMATING

Typed Essay

- 2- 3 pages
- Header should include full name, school, grade level
- 12 point font
- Double-Spaced
- Legible font style—example: Times New Roman, Calibri, Arial, etc.

DIRECTIONS: In a short essay, please respond to the following:

- **Who are you, and what shapes your identity?** (family, culture, values, or life experiences)
- **What kind of support helps you succeed?** Who or what do you turn to when things get hard?
- **Why do you want to be part of TRIO Upward Bound, and what do you hope to gain from it?**
- **TRIO requires students to attend Saturday Seminars and monthly advisement meetings. Can you commit to showing up regularly? What would that commitment look like for you?**

SECTION VII: STUDENT NEEDS ASSESSEMENT FORM Part 1 — to be completed by student.

Name: _____ School: _____ Grade Level: ☐ 8th ☐ 9th ☐ 10th ☐ 11th

What three colleges or universities are you interested in attending?

1. _____
2. _____
3. _____

What three majors/subjects would you be interested in studying?

1. _____
2. _____
3. _____

What three careers would you be interested in learning about?

1. _____
2. _____
3. _____

Does your family encourage you to attend college?

☐ Yes ☐ No ☐ We don't talk about it.

What obstacles may prevent you from attending college?

- | | |
|--|---|
| ☐ Low GPA & Grades | ☐ Lack of Family Support |
| ☐ Low ACT/SAT Scores | ☐ Learning Disability |
| ☐ Poor Study Habits | ☐ Language Limitations |
| ☐ Disinterest in Education | ☐ I don't know how to apply |
| ☐ Lack of Motivation | ☐ Rural Living |
| ☐ Lack of Opportunity | ☐ Lack of Transportation |
| ☐ Lack of Career Goals | ☐ School clubs, sports, etc. |
| ☐ Lack of Confidence | ☐ Lack of Mentors |
| ☐ Financial Constraints | ☐ Lack of Information |
| ☐ Cultural Responsibilities | ☐ Family Responsibilities |
| ☐ Lack of Community Support | |