During the seminar you will learn:
- Self-Awareness
- Take charge in your life
- Increase your self-motivation
- Master effective study skills
And so much more...

**SUMMER 2017**
Thursday, July 13th  
Monday, July 31st

**Location: SSTC 200**
1:30PM-2:30PM
10:30AM-11:30AM

**FALL 2017**
Wednesday, September 6th  
Friday, October 20th  
Tuesday, November 7th  
Monday, December 4th

**Location: SSTC 200**
3:00PM-4:00PM  
9:00AM-10:00AM  
1:30PM-2:30PM  
10:30AM-11:30AM

If you would like to attend or need more information, contact:
Advisement Center (505) 863-7706